

## Research Article

# Parenteral Delivery of HP $\beta$ CD: Effects on Drug-HSA Binding

Sergey V. Kurkov,<sup>1</sup> Thorsteinn Loftsson,<sup>1,3</sup> Martin Messner,<sup>1</sup> and Donna Madden<sup>2</sup>

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**Abstract.** It is thought that cyclodextrins, such as 2-hydroxypropyl- $\beta$ -cyclodextrin (HP $\beta$ CD), will at high concentration affect pharmacokinetics of drugs through competitive binding with plasma proteins. Albumin is the major component of plasma proteins responsible for plasma protein binding. The purpose of this study was to evaluate *in vitro* the competitive binding of drugs between human serum albumin (HSA) and HP $\beta$ CD in isotonic pH 7.4 phosphate buffer saline solution (PBS) at ambient temperature. Eight model drugs were selected based on their physicochemical properties and ability to form complexes with HSA and HP $\beta$ CD. The drug/HP $\beta$ CD stability constants ( $K_{1:1}$ ) were determined by the phase-solubility method and HSA/HP $\beta$ CD competitive binding determined by an equilibrium dialysis method. Protein binding of drugs that are both strongly protein bound and have high affinity to HP $\beta$ CD (*i.e.*, have high  $K_{1:1}$  value) is most likely to be affected by parenterally administered HP $\beta$ CD. However, this *in vitro* study indicates that even for those drugs single parenteral dose of HP $\beta$ CD has to be as high as 70 g to have detectable effect on their protein binding. Weakly protein bound drugs and drugs with low affinity towards HP $\beta$ CD are insensitive to the cyclodextrin presence regardless their lipophilic properties.

**KEY WORDS:** 2-hydroxypropyl- $\beta$ -cyclodextrin; competitive binding; equilibrium dialysis; human serum albumin; parenteral delivery; stability constant.

## INTRODUCTION

Cyclodextrins are pharmaceutical excipients that are mainly used as solubilizing complexing agents in solid dosage forms, eye drops, and parenteral solutions (1,2). Cyclodextrins are cyclic oligosaccharides with a hydrophilic outer surface and a somewhat lipophilic central cavity that are able to form water-soluble inclusion complexes by taking up some lipophilic moiety of a poorly soluble drug into the cavity. Although such inclusion complexes are the most common types of cyclodextrin complexes, especially in dilute solutions, various types of non-inclusion complexes and cyclodextrin aggregates are also known to exist (1,3,4). No covalent bonds are formed during the complexation, and in aqueous complexation media bound drug molecules are in dynamic equilibrium with free molecules in solution. The major driving force for drug release from the complexes is simple dilution although other mechanism, such as drug-protein binding and direct drug partition from the complex to tissue, do contribute to rapid drug release from the complexes (2,5–7). Two cyclodextrins, 2-hydroxypropyl- $\beta$ -cyclodextrin (HP $\beta$ CD) and sulfobutylether- $\beta$ -cyclodextrin (SBE $\beta$ CD), have been approved for use in parenterally

administered drug formulations. Both HP $\beta$ CD and SBE $\beta$ CD have relatively small volume of distribution ( $V_D \approx 0.2$  l/kg) and short half-life ( $t_{1/2} \approx 1.7$  h), and both are mainly excreted unchanged with urine after parenteral administration to humans (6,8). Several studies in both animals and humans have indicated that drug/HP $\beta$ CD and drug/SBE $\beta$ CD complexes have negligible effect on drug pharmacokinetics (9–16). In fact, it has been shown that the binding constants of drug/HP $\beta$ CD and drug/SBE $\beta$ CD complexes must be greater than about  $10^5$  M<sup>-1</sup> to have some effect on the drug pharmacokinetics (6). Most commonly drug/cyclodextrin binding constants have values between 10 and 2,000 M<sup>-1</sup> and binding constants much greater than 5,000 M<sup>-1</sup> are rarely observed. There are however a couple of exceptions. Sugammadex is a  $\gamma$ -cyclodextrin derivative that was designed to specifically bind rocuronium, a neuromuscular blocking agent. The binding constant of the rocuronium/sugammadex complex has been determined to be  $1.8 \times 10^7$  M<sup>-1</sup>, and sugammadex is able to reverse rocuronium-induced neuromuscular blockade after intravenous administration (17,18). In other words, sugammadex does affect the pharmacokinetics of rocuronium. The other example is complexes of some ozonide antimalarial drug candidates with SBE $\beta$ CD possessing binding constants of about  $10^6$  M<sup>-1</sup> (19). The pharmacokinetics of these drug candidates in rats have been shown to be affected by the SBE $\beta$ CD complexation (20).

Aqueous parenteral drug/cyclodextrin solutions are mixed rapidly with blood plasma after intravenous injection and the plasma proteins with subsequent formation of drug/plasma protein complexes (*i.e.*, drug-protein binding).

<sup>1</sup> Faculty of Pharmaceutical Sciences, University of Iceland, Hofsvallagata 53, IS-107, Reykjavik, Iceland.

<sup>2</sup> Javelin Pharmaceuticals, Inc., 125 Cambridge Park Drive, Cambridge, Massachusetts 021402, USA.

<sup>3</sup> To whom correspondence should be addressed. (e-mail: thorstlo@hi.is)

Albumin is the major component of plasma proteins responsible for plasma protein binding and the normal average albumin concentration in plasma is 40 mg/ml corresponding to  $5.88 \times 10^{-4}$  M (21). The purpose of this study was to evaluate *in vitro* the competitive binding of drugs between human serum albumin (HSA) and HP $\beta$ CD. The model drugs were selected with regard to their physicochemical properties and ability to form complexes with HSA and HP $\beta$ CD (Table I). The complexation media (*i.e.*, the simulated plasma) was isotonic pH 7.4 PBS solution containing  $5.88 \cdot 10^{-4}$  M or 40 mg/ml of HSA.

## BACKGROUND

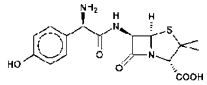
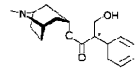
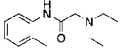
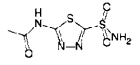
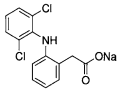
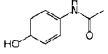
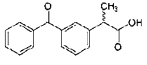
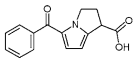
Three types of complexes can be formed in aqueous solution containing drug (D), cyclodextrin (CD), and protein (P), *i.e.*, drug/cyclodextrin complex (D/CD), drug/protein complex (D/P) and cyclodextrin/protein complex (CD/P):



assuming 1:1 complex stoichiometry. The relative concentration of these three complexes depends on the concentration of components (*i.e.*, D, P, and CD) and on the value of the constants  $K_{CD}$ ,  $K_P$ , and  $K_{CD/P}$ . D/CD complexes are most frequently inclusion complexes although other types of D/CD complexes are also known (30). Stability constants ( $K_{CD}$ ) of D/CD complexes commonly range between 10 and  $1,000 \text{ M}^{-1}$ . Formation and dissociation of both CD and P complexes is diffusion-controlled and thus the bound molecules release up on dilution of the complexation media (6).

Most drugs are to some extent bound to plasma proteins (*i.e.*, form D/P complexes) in the systemic blood circulation. The major component (~60%) of plasma proteins responsible for reversible drug binding is albumin, but other proteins such

**Table I.** Structures and Some Physicochemical Properties of the Drugs Studied. Log  $D_{7.4}$  is the Logarithmic Value of the Partition Coefficient between *n*-octanol and Aqueous pH 7.4 Buffer Solution (22–29)

Drug	Structure formula	MW	pK <sub>a</sub>	Log $D_{7.4}$
Low HP $\beta$ CD affinity, low HAS affinity				
Amoxicillin		365.41	2.4; 7.4; 9.6	-2.84
Atropine		289.38	9.8	-0.35
Lidocaine		234.33	7.9	2.2
Low HP $\beta$ CD affinity, medium or high HAS affinity				
Acetazolamide		222.25	7.2; 9	0.15
Diclofenac Na		318.13	3.8	0.83 1.22
High HP $\beta$ CD affinity, low HAS affinity				
Paracetamol		151.16	9.7	0.51
High HP $\beta$ CD affinity, medium or high HAS affinity				
Ketoprofen		254.29	4.5	-0.25
Ketorolac <sup>a</sup>		255.27	3.5	1.17

<sup>a</sup> Free acid was used in this study extracted as described elsewhere (26)

as globulins do also participate in plasma protein binding of drugs. HSA is a water-soluble monomeric polypeptide containing 585 amino acidic residues that form nine loops fixed by 17 disulphide bridges. The HSA chain forms three domains. HSA has at least six binding regions that are able to bind wide spectrum of drugs through various types of non-covalent interactions (31). However, the binding regions are usually somewhat specific and hence each drug only binds to one or two of the regions. Formation of D/P complexes is sensitive to various external factors, such as competitive binding (32,33) and *in vitro* experimental conditions (*i.e.*, pH, temperature, ionic strength) (34,35).

It is known that cyclodextrins interact with proteins. Matsuyama *et al.* (36) used calorimetry to show that native cyclodextrins interact with aromatic amino acids such as those found in HSA. The strongest interaction was observed between the natural  $\beta$ -cyclodextrin ( $\beta$ CD) and tryptophan. However, the interaction was very weak. Brewster *et al.* (37) found that HP $\beta$ CD can solubilize several different proteins with MW between 6,000 and 20,000 Da, as well as prevent protein aggregation and preserve biological potency. Katakam and Banga (38) observed that HP $\beta$ CD stabilizes bovine serum albumin and  $\gamma$ -globulin and suggested that hydrophobic side chains of amino acids were entrapped in the cyclodextrin cavity. However, these observations were made at relatively high cyclodextrin and protein concentrations and the interactions appear to be relatively weak. Finally, Sideris *et al.* (39) proposed, after potentiometric studies of diflunisal-albumin binding in the presence of HP $\beta$ CD, that there is no significant interaction between HP $\beta$ CD and albumin in aqueous solutions. Other studies have indicated that SBE $\beta$ CD is only negligible protein bound in human plasma.

## MATERIALS AND METHODS

HP $\beta$ CD with molar substitution of 0.64 (Kleptose HPB, MW 1400) was purchased from Roquette (Lestrem, France). HSA (fraction V, assay  $\geq 85\%$ , MW  $\sim 68,000$ ) was purchased from Sigma-Aldrich, Inc. (USA). Acetazolamide, amoxicillin, atropin, diclofenac sodium, ketoprofen and ketorolac were purchased from Sigma-Aldrich, Inc. (USA), lidocaine from ICN Biomedicals, Inc. (USA), and paracetamol from Norsk Medisinaldepot (Norway). All other chemicals used were commercially available products of special reagent grade.

### Solubility

The solubilities of drugs in PBS and HP $\beta$ CD solutions were determined by the previously described heating method (40). Briefly, sealed vials containing excess amount of the solid drug to be tested suspended in isotonic pH 7.4 PBS were heated in autoclave (121°C for 20 min). After cooling to room temperature, the vials were opened and small amount of the solid drug added in order to provoke precipitation. Then the samples were equilibrated in a shaker at ambient temperature (23 $\pm$ 1°C) for 7 days. If the drug was chemically unstable, heating in an autoclave was replaced by sonication in an ultrasonic bath (60–70°C for 60 min). The degradation of drugs in studied solutions was monitored by HPLC and did

not exceed 1%. After equilibration the samples were filtered through 0.45  $\mu$ m membrane filter and the concentration of dissolved drug was determined by HPLC. At least three parallel experiments were carried out for each study condition.

The stability constants of drug/cyclodextrin complexes were calculated from the linear slopes of the phase-solubility diagrams (41):

$$K_{CD} = \frac{\text{Slope}}{S_0 \times (1 - \text{slope})} \quad (4)$$

where  $K_{CD}$  is the stability constant of a 1:1 stoichiometry complex, Slope is the slope of a linear phase-solubility diagram, and  $S_0$  is the determined intrinsic solubility of a drug in the aqueous complexation medium (PBS).

### Protein Binding

The *in vitro* protein binding of the drugs was determined in the presence of HP $\beta$ CD by equilibrium dialysis at room temperature (23 $\pm$ 1°C). The dialysis system consisted of Franz diffusion cells (FDC 400 15 FF, Vanguard International, Neptune, NJ, USA) where a semi-permeable cellophane membrane (Spectra/Por® Dialysis Tubing from regenerated cellulose with MWCO 12,000–14,000, Spectrum Laboratories, USA) was sandwiched between 12 ml stirred receptor chamber and an unstirred donor chamber. The donor phase consisted of 0% to 0.5% (*w/v*) HP $\beta$ CD and a given model drug dissolved in PBS. The receptor phase consisted of HSA dissolved in PBS that contained identical amount of HP $\beta$ CD or 0% to 0.5% (*w/v*). The stirring rate of the receptor phase was 300 rpm. To prevent protein degradation (such as conformational changes or decomposition) the HSA solutions were prepared immediately prior to use. The concentration of the protein solutions was 40 mg/ml. The concentration of the model drugs in the donor phase was limited by their solubilities and the HPLC detection limits, and varied from  $0.7 \cdot 10^{-5}$  to  $2.6 \cdot 10^{-3}$  M (or from 0.023 to 0.65 mg/ml) for the different drugs. During dialysis, the solutions were stirred until drug concentration equilibrium between the two chambers had been reached. For each drug, the equilibrium time was determined from permeation profile such as the one shown in Fig. 1.

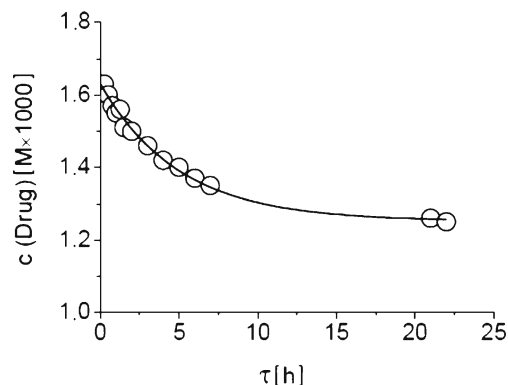


Fig. 1. Typical kinetic curve for determination of equilibration time for the protein binding studies using ketoprofen as a sample drug

**Table II.** Drug-HSA and Drug-HP $\beta$ CD Binding Parameters (Protein Bound Fraction,  $f_p$ , and Cyclodextrin Complex Stability Constant,  $K_{CD}$ ) with Some Pharmacokinetic Data (See Text for Symbol Decryption) (43–45)

Compound	$f_p^{\text{lit}}$ (%)	$K_{CD}$ ( $M^{-1}$ ) <sup>a</sup>	$D^b$ (mg)	$\tau^b$ (h)	$V_D$ (liters/kg)	$t_{1/2}$ (h)
Low HP $\beta$ CD affinity, low HAS affinity						
Amoxicillin	20	2.5	500	8	0.3	1.7
Atropine	50	65	0.3	12	2.0	3.5
Lidocaine	70	17	100	1	1.1	1.8
Low HP $\beta$ CD affinity, medium or high HAS affinity						
Acetazolamide	95	60	500	24	0.2	13
Diclofenac Na	99.5	– <sup>c</sup>	50	12	0.17	1.1
High HP $\beta$ CD affinity, low HAS affinity						
Paracetamol	<20	– <sup>c</sup>	500	6	0.95	2
High HP $\beta$ CD affinity, medium or high HAS affinity						
Ketoprofen	95	110	50	8	0.15	1.8
Ketorolac	99.2	270	10	6	0.21	5.3
Cyclodextrin						
HP $\beta$ CD	–	–	8,000 <sup>d</sup>	12 <sup>d</sup>	0.2	1.7

<sup>a</sup> Experimental values from the present work

<sup>b</sup> Example of a dosage regimen

<sup>c</sup> The slope of the phase-solubility diagram was greater than unity indicating that the drug has high affinity for HP $\beta$ CD but that it is not forming 1:1 drug/HP $\beta$ CD complex (forming higher order complexes or mixtures of inclusion and non-inclusion complexes)

<sup>d</sup> Dosage of HP $\beta$ CD in Sporanox® parenteral solution

In all cases equilibrium was reached within 24 h. Due to osmotic phenomena small volume shift,  $\Delta V$ , took place during dialysis. It was corrected for using the following equation:

$$c(\text{unbound}) = \frac{c(\text{observed}) \times V(\text{observed})}{V(\text{donor})} \quad (5)$$

where  $c$  (unbound) is the true equilibrium concentration of protein-unbound drug,  $c$  (observed) is the apparent equilibrium concentration of protein-unbound drug after volume shift,  $V(\text{observed}) = V(\text{donor}) - \Delta V$  is the volume of donor phase after volume shift, and  $V$  (donor) is the donor phase volume before dialysis.

After equilibration had been reached at least four aliquots were taken from donor phase in every cell and concentrations were determined by HPLC. The protein-bound fraction of a drug was calculated by the following equation:

$$f(\text{bound}) = \frac{c(\text{total}) - c(\text{unbound})}{c(\text{total})} \times 100\% \quad (6)$$

where  $f$  (bound) is the drug protein-bound fraction,  $c$  (total) is the initial concentration of a drug in donor phase, and  $c$  (unbound) is the equilibrium concentration of protein-unbound drug. The absence of drug adsorption to the membrane and the glass cell surface during experiments was checked as described elsewhere (42). Each experiment was repeated three times, and the values given are the mean values  $\pm$  standard deviation.

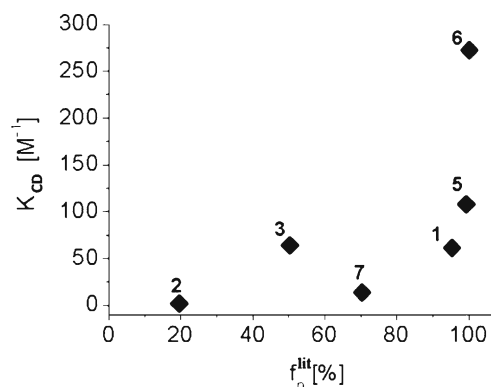
### Quantitative Determinations

The quantitative determinations of the drugs studied were performed using a reverse phase HPLC component system from Dionex Softron GmbH (Germering, Germany) Ultimate 3000 Series, consisting of a P680 pump with a DG-

1210 degasser, an ASI-100 autosampler, a VWD-3400 UV–vis detector, and Phenomenex Luna 5  $\mu\text{m}$  C18 reverse-phase column (150 $\times$ 4.6 mm).

### RESULTS AND DISCUSSION

Drug selected for this study can be divided into four groups based on their physicochemical properties. The first group (amoxicillin, atropine and lidocaine) has low affinity for both HP $\beta$ CD and plasma protein, the second group (acetazolamide and diclofenac) has low affinity for HP $\beta$ CD but high affinity for protein, the third group (paracetamol) has high affinity for HP $\beta$ CD but low affinity for protein, and the fourth group (ketoprofen and ketorolac) has high affinity for both HP $\beta$ CD and protein. The  $K_{CD}$  values of the drugs studied are shown in Table II. The increasing affinity of the drugs to HP $\beta$ CD is as follows: amoxicillin < lidocaine < acetazolamide < atropine < ketoprofen < ketorolac < (diclofenac, paracetamol).



**Fig. 2.** Relationship between the drug-HP $\beta$ CD complex stability coefficient,  $K_{CD}$ , and drug fraction bound to HSA,  $f_p^{\text{lit}}$ . Numbering coincides with Table I

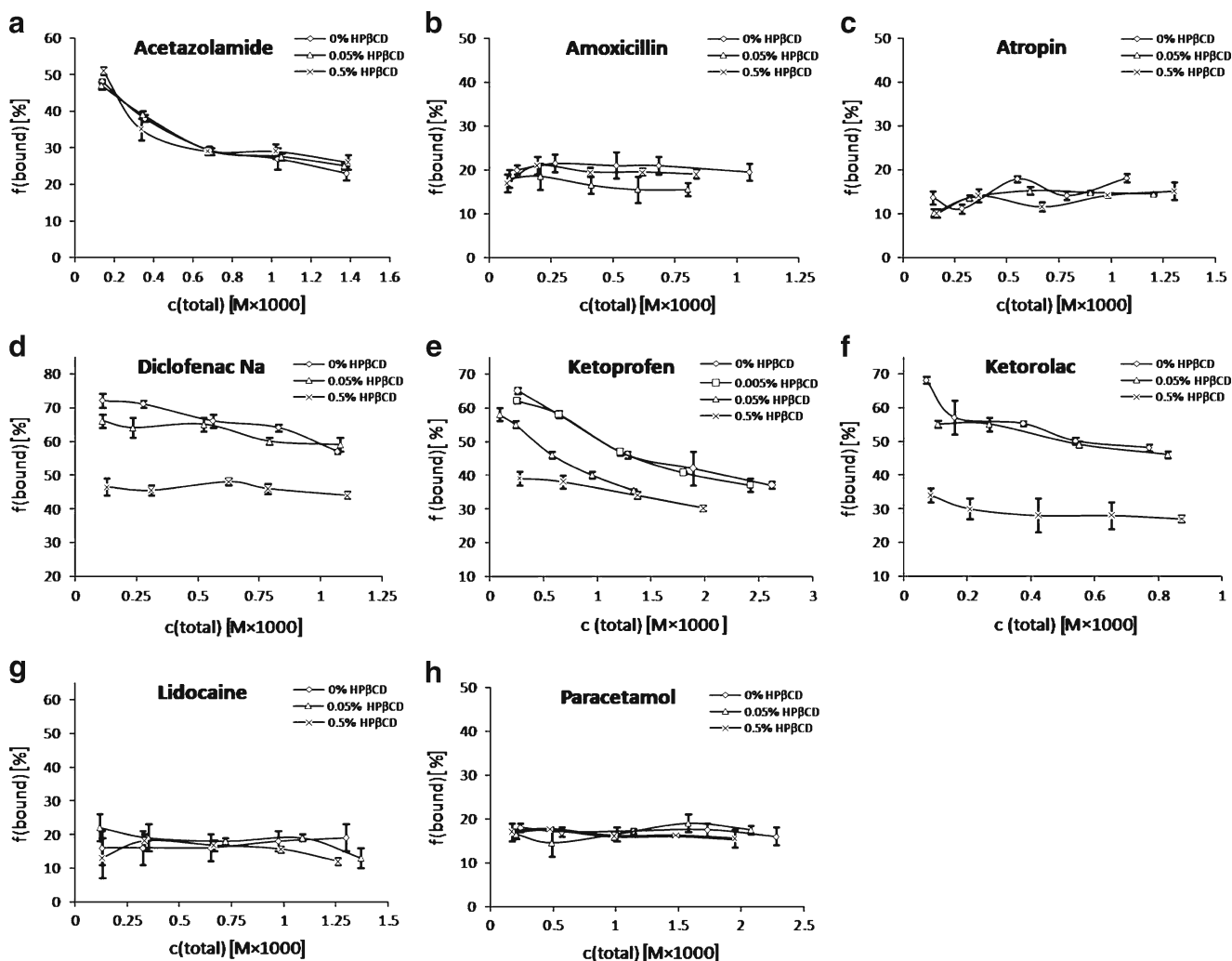


Fig. 3. Binding profiles of studied drugs to 4% *w/v* HSA at various concentrations of HP $\beta$ CD. The error bars represent standard deviation

The drugs shown in parentheses give phase-solubility diagrams with slopes greater than unity and, consequently, it was not possible to estimate their  $K_{CD}$  value or complexation efficiency, but the high slope indicates that the drugs have high affinity to HP $\beta$ CD and can form inclusion complexes and/or aggregates of higher stoichiometry. Interestingly, direct relationship appears to be between the drug/HP $\beta$ CD complex stability constants,  $K_{CD}$ , and drug/HSA bound fraction values taken from literature,  $f_p^{lit}$  (Fig. 2).

It is thought that the affinity of a given drug to the cyclodextrin cavity is determined by the drug's lipophilicity and molecular structure (*i.e.*, how well a given drug moiety fits into the cavity). Apparently, similar criteria apply to drug-HSA interactions. Moreover, exponential relationship between  $K_{CD}$  and  $f_p^{lit}$  indicates that the drug protein binding is much more sensitive towards mentioned drug properties, especially towards lipophilic (van der Waals) interactions. In general, negatively charged and neutral drugs possess comparable affinity for HSA despite of the fact that HSA has a net negative charge at pH 7.4 (31). However, no linear correlation was observed between  $\text{Log } D_{7.4}$  and  $f_p^{lit}$  indicating that drug-HSA interactions are composed of complex set of factors.

Figure 3 shows the results of the competitive binding studies. The figures show the fraction of drug bound to HSA (*y*-axis) as a function of total drug concentration, *i.e.*, bound and free drug (*x*-axis). The binding profile of each drug was

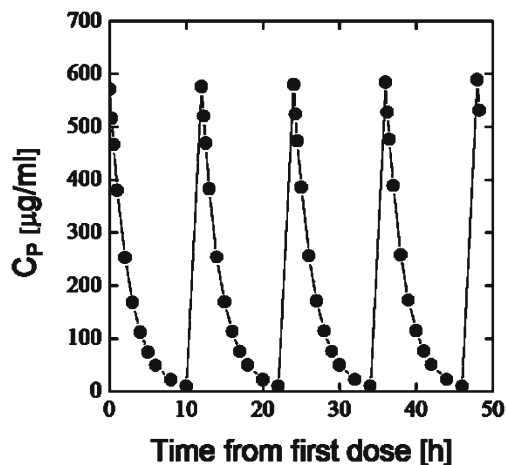


Fig. 4. Simulated plasma concentration ( $C_p$ )—time profile in man (70 kg) after intravenous administration of 8 g of HP $\beta$ CD twice a day for 4 days. One compartment open model;  $V_D=0.2$  l/kg;  $t_{1/2}=1.7$  h



determined at three different HP $\beta$ CD concentrations, *i.e.*, 0.00%, 0.05%, and 0.50% (*w/v*). For ketoprofen the binding profile was also determined at 0.005% (*w/v*) HP $\beta$ CD due to the drug's anomalous sensitivity to the cyclodextrin coexistence. The affinity of the drugs tested towards HSA is given by the profiles obtained when no HP $\beta$ CD is present and although the absolute values are not identical to their degree of protein binding *in vivo* in humans (*i.e.*, the  $f_p^{\text{lit}}$  values) their ranking is approximately the same. Amoxicillin, atropine, lidocaine and paracetamol have low affinity to HSA with less than 25% binding *in vitro* and less than 70% binding *in vivo*. Acetazolamide and ketoprofen have medium affinity to HSA with 50% to 65% binding *in vitro* but about 95% protein binding *in vivo*. Finally, diclofenac sodium and ketorolac have high affinity to HSA with over 70% binding *in vitro* and over 99% protein binding *in vivo*. The *in vitro* values, obtained in isotonic pH 7.4 PBS solution at room temperature, are all lower than *in vivo* values. Similar observations have been reported by other investigators (21). The drugs with medium and high affinity for HSA, *i.e.*, acetazolamide, ketoprofen, diclofenac sodium, and ketorolac, demonstrate decreasing HSA binding with increasing total drug concentration which most likely is due to saturation of the binding sites.

HSA binding of five of the eight drugs tested are not affected by HP $\beta$ CD, *i.e.*, acetazolamide, amoxicillin, atropine, lidocaine, and paracetamol, while three show some effect, *i.e.*, diclofenac sodium, ketoprofen and ketorolac (Fig. 3). Acetazolamide, amoxicillin, atropine, lidocaine, and paracetamol have low affinity to HSA and although paracetamol has high affinity for HP $\beta$ CD, presence of HP $\beta$ CD has little or no effect on the relatively small fraction of the drug that is bound to HSA. In case of acetazolamide, which has medium affinity towards HSA, the affinity for the HP $\beta$ CD cavity is not sufficient to affect its binding to HSA. HSA binding of three of the drugs tested, *i.e.*, diclofenac sodium, ketoprofen, and ketorolac, are affected by HP $\beta$ CD but only at HP $\beta$ CD concentrations of 0.05% (*w/v*) or higher for ketoprofen and 0.5% (*w/v*) or higher for diclofenac sodium and ketorolac. The greatest decrease in HSA binding was observed for ketorolac, which has high affinity for both HP $\beta$ CD and HSA, followed by diclofenac sodium and ketoprofen. The most likely mechanism is competitive drug/HP $\beta$ CD and drug/HSA complex formation. However, an alternative mechanism could be competitive HP $\beta$ CD/HSA and drug/HSA complex formation.

Although these studies of competitive binding were performed at room temperature ( $23 \pm 1^\circ\text{C}$ ) they are still valid at physiologic temperature ( $37^\circ\text{C}$ ). Due to exothermicity of both drug/cyclodextrin and drug/HSA complexation processes the value of the stability constants of both complexes will decrease when the temperature is increased from room temperature to  $37^\circ\text{C}$  but the decrease is only moderate. For example, Tanaka *et al.* (46) have shown that binding of the nonsteroidal anti-inflammatory drug ibuprofen to bovine serum albumin decreased by only 14% when the temperature was increased from  $25^\circ\text{C}$  to  $37^\circ\text{C}$ . In addition, experiments such as these performed at elevated temperatures are known to give higher experimental error due to the temperature

gradient between thermostated sample and laboratory environment as well as protein denaturation (39,47).

HP $\beta$ CD has a small volume of distribution ( $V_D \approx 0.2 \text{ l/kg}$ ) and short half-life ( $t_{1/2} \approx 1.7 \text{ h}$ ), and is mainly excreted unchanged with the urine after parenteral administration to humans (Table II) (6,8). Highest dose of HP $\beta$ CD in currently marketed product is in Sporanox® (itraconazole) parenteral solution. Single dose of Sporanox® parenteral solution contains 8 g of HP $\beta$ CD given intravenously twice a day (Fig. 4).

The maximum and minimum HP $\beta$ CD plasma concentrations are approximately 580 and 4  $\mu\text{g/ml}$ , respectively. Thus, maximum concentration of HP $\beta$ CD in plasma will be less than 0.06% (*w/v*) and HP $\beta$ CD will be eliminated almost completely from the blood circulation before the next dose is given 12 h later. Consequently, HP $\beta$ CD will not accumulate in the body.

## CONCLUSION

Published *in vivo* studies have indicated that drug/HP $\beta$ CD and drug/SBE $\beta$ CD complexes have negligible effect on drug pharmacokinetics (9–16). Present results show that this can be explained by competitive drug binding between cyclodextrin and plasma proteins. The competitive binding studies show that protein binding of drugs that are both highly protein bound and have high affinity to HP $\beta$ CD (*i.e.*, have high  $K_{1:1}$  value) is most likely to be affected by parenterally administered HP $\beta$ CD. Furthermore, the HP $\beta$ CD concentration has to be relatively high to affect the drug protein binding.

## ACKNOWLEDGEMENTS

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